HANDS-ON:
Chronic Pelvic Pain in Women:
Assessment, Diagnosis, Innovative Treatments

This conference offers a hands-on treatment learning lab, as well as an updated review of issues related to chronic pelvic pain in women.

Friday, Sept. 9, 2016
Beaumont Hospital, Royal Oak
Administration Building OUWB Classroom and Applebaum Simulation Learning Institute (cadaver lab)
3601 West 13 Mile Road
Royal Oak, Michigan 48073

Sponsored by the Beaumont Women’s Urology Center
Activity intent
• To discuss the assessment, diagnosis and treatment of chronic pelvic pain in women, with focused information on multimodal innovative treatments for this condition.
• Participate in a hands-on lab to review anatomy of the pelvis; learn and practice trigger point injections, pudendal nerve blocks, pelvic floor muscle trigger point release interventions, physical therapy techniques, and integrative medicine therapies.

Target audience
Physicians, nurse practitioners, certified nurse midwives and physician assistants specializing in women's health, female urology or high-tone pelvic floor dysfunction. Also, pelvic floor physical therapists, clinical nurse specialists, naturopaths and other health care providers interested in chronic pelvic pain in women.

Activity objectives
Following attendance at this activity, the participant should be able to:
• identify at least two assessment techniques for chronic pelvic pain
• state at least three treatments for chronic pelvic pain
• identify three specialties in a multidisciplinary care model treating chronic pelvic pain conditions

CME accreditation and credit designation
William Beaumont Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
William Beaumont Hospital designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Non-physician professionals should check with their individual credentialing body to confirm that participation in this CME activity will be approved for credit. All non-physician participants will receive an attendance certificate from Beaumont Health System. CME credits can be used to meet the Continuing Education requirements needed for Michigan Nursing re-licensure without limitation.

Accommodations
The Kingsley is holding a block of rooms at a special rate of $75 for this conference. Please make reservations directly with the Radisson by calling 248-644-1400 (toll free 800-967-9033) or online at radisson.com/bloomfield-hills-hotelmi-48304/mibloomf. Please refer to the Beaumont event in order to receive the special rate. Rooms will be released for general sale on Sept. 1, 2016. Additional lodging in nearby Birmingham, Michigan is available for your independent booking.

Directions/parking
From the main entrances to the Beaumont campus, follow John B. Poole Drive to the South (green sign) Parking Deck. Parking is complimentary. Upon exiting the parking structure on the hospital side, the Administration Building is to your left across the drive, separate from the main hospital building.

Agenda • Friday, Sept. 9, 2016
7:30 a.m.  Registration and Continental Breakfast
8 a.m.  Welcome and Introduction Kenneth M. Peters, M.D.
8:05 a.m.  Urgency, Frequency and Pelvic Pain: Looking beyond the bladder Kenneth M. Peters, M.D.
8:45 a.m.  Evaluation and Treatment of Female Sexual Dysfunction Irwin Goldstein, M.D.
9:45 a.m.  Pelvic Congestion Syndrome Jeremy Handel, M.D.
10:15 a.m. Break
10:30 a.m.  Trigger Point Injections Jason Gilleran, M.D.
10:50 a.m.  Anatomy of Transvaginal Trigger Point Injections Larry Sirls, M.D.
11:05 a.m.  Pudendal and Ilioinguinal Blocks for Chronic Pelvic Pain Cain Dimon, M.D.
11:45 a.m.  Fractional C02 Laser for Vaginal Atrophy Jamie Bartley, D.O.
12:05 p.m. Panel Discussion
12:30 p.m.  Lunch and Women’s Urology Center Tour
1:15 p.m.  Panel Discussion
1:30 p.m.  Hands-On/Cadaver Lab
Station 1: Trigger Point Injection, Transvaginal Pudendal Nerve Block
Station 2: C02 Laser Vaginal Treatments
Station 3: Pelvic Floor PT Techniques for Chronic Pelvic Pain
Station 4: What Can I Do? Addressing the Psych Challenges of Our Patients
Station 5: Ask the Experts:
– Female Sexual Dysfunction
– Naturopathic Medicine
– Evaluation and Management of Pelvic Pain/Interstitial Cystitis
Station 6: Integrative Medicine
– Chair Reiki Experience
– Chair Acupuncture Experience
– Reflexology Demonstration
– Massage and Cupping Demonstration
– Guided Imagery
4:30 p.m. Debrief and Evaluations

Conference registration
• registration is limited due to the lab/space
• registrations accepted on a first-come, first-served basis

Fees/payment
The registration fee includes continental breakfast, lunch and attendance at the educational lectures, course materials, and CME credit for each portion attended.
Payments may be made by Visa, Discover or MasterCard, or by check made payable to “Beaumont Health System.” The transaction will appear on your credit card statement as “WBH Cashiering.”

Session registration and fee schedule:
馄饨 $350 Conference, including lab
馄饨 $125 Conference, Friday morning lectures only (no lab)
Please print legibly:
Name: ____________________________  Credentials: ____________________________
Specialty: ____________________________  Address: ____________________________
City, State, ZIP: ____________________________
Hospital affiliation: ____________________________
Phone number: ____________________________  Email address: ____________________________
Dietary request (check one):  q Regular  q Vegetarian  q Gluten free

Registration
• ONLINE: https://www.regonline.com/handsonchronicpelvicpaininwomen2016
• FAX your registration form (with credit card information) to 248-551-8107
• PHONE: 248-551-0803
• MAIL form with payment to: Beaumont Health System Urology Administration, Suite 438 3535 West 13 Mile Road Royal Oak, MI 48073

Payment method:
qu Check enclosed for $_______
qu Please charge credit card $_______  q Visa  q MasterCard  q Discover
Account #: ____________________________  Expiration date: ____________________________
Name on card: ____________________________
Authorized signature: ____________________________
Meeting information will be updated on an ongoing basis. For the most current information please go to http://meded.beaumont.edu/urology-conferences
Questions? Call 248-551-0803 or visit our website: beaumont.edu/womensurologycenter
CME questions contact: cme@beaumont.edu