In celebration of Mother’s Day, we honor our many female employees who have loved their careers so much that they encouraged their son or daughter to pursue a similar career. Here we offer two such stories. To all Beaumont Health moms, we hope you enjoyed Sunday surrounded by your good kids.

Kimberley Guesman and Loren Evola

If you and your best friend are nurses, you never run out of good conversation. And if your best friend is also your mom or daughter, it’s almost like living in the same skin. That’s how close Kimberley Guesman and Loren Evola are—on both counts.

“There’s never a dull moment when we’re together. We’re like a slapstick comedy team,” said Kim, director of Nursing Services at Beaumont Hospital, Farmington Hills. She has worked at this site for 29 years and began in 1987 as Botsford Hospital’s first clinical nurse specialist in Critical Care. She was promoted to manage that unit as well as the Cardiology Services department and the Cardiac Catheterization Lab before moving up to her current position in 1999.

“Overseeing five nurse managers with more than 350 FTEs for four medical-surgical units and the Progressive Care Unit keeps me on my toes, but I love it,” Kim said.

She has always had a razor-like focus on the patient experience. Over the years, Kim has implemented initiatives to improve not only the patient experience, but also to maximize patient safety and care coordination. Kim has presented many training programs for service excellence and leadership development.

Loren said, “While I was growing up, I watched my Mom excel in a career she
enjoyed. Her dedication to the nursing profession inspired me to pursue a future in nursing. Seeing the satisfaction she experienced when caring for patients was contagious and was an influencing factor when it came time for me to choose a career path. I actually started at Botsford as a student in Farmington High School’s Medical Skills program.”

She began her nursing career at Beaumont, Farmington Hills in June 2007 as a nursing assistant on the Rehabilitation unit and then as a nurse technician in Critical Care. After earning her undergraduate degree, Loren moved up to being a registered nurse in Critical Care and a clinical informatics nurse. Then she transferred to Beaumont Hospital, Royal Oak where she now works as a registered nurse in Surgical Services.

“Now that Loren has moved to the Royal Oak campus, I don’t see her at work,” said Kim. “But when she worked at my hospital, we would often bump into each other. During the implementation of the Epic electronic health record system here, Loren and I served on several projects teams together; she even facilitated a few. Having my daughter assign tasks to me, now that was an experience! The most fun we’ve had together at work was when we were both super-users on the night shift during go-live.”

Like mothers everywhere, sometimes Kim gives unsolicited advice to her daughter. Most of the time though, Loren seeks her mom’s advice. Loren said, “Who better to ask than an experienced 35-year nurse? Mom’s professional experiences and her focus on always placing the patient first have been instrumental in incorporating service excellence into every patient and family encounter I have in my own practice.”

“I am very proud of my daughter,” said Kim. “Loren has grown into a compassionate caregiver and strong clinician. She continues to work full time while she completes her graduate program to become a nurse practitioner. Loren always seeks new and challenging opportunities that will allow her to become a strong patient advocate and compassionate practitioner.”

Loren said: “My mom is my role model and my best friend. Happy Mother’s Day, Mom!”

**Kathleen McPartlin and Caitlin Howes**

Moms play a pivotal role for their children as they grow up and often become their kids’ mentors and career coaches. That was the case for Kathleen McPartlin, nursing clinical supervisor, and her daughter Caitlin Howes, an ICU nurse. Both work at Beaumont Hospital, Trenton.

Caitlin always had a love for helping people. Blood and guts were her thing. As the second oldest sibling, and only female, she often took on the “mom” role of her four brothers. “Blood and guts were a constant at our home,” Caitlin joked.

Kathy was the Trenton School District’s nurse. When Caitlin graduated high school, she wanted to try to create her own life path as a dentist. That fall, she attended university classes as an undergrad in biochemistry. But after a year, Caitlin was bored with her classes.

“Nursing was always my second choice,” remembers Caitlin. “My roommate was a nursing major. I would listen eagerly as she talked about what she did for the day, and it reminded me that nursing was my passion all along.” That was all it took for Caitlin to get the nursing bug. After her freshman year, she transferred into the nursing program and eventually graduated with an undergraduate nursing degree.

In 2009, Caitlin began working at Beaumont, Trenton in the ICU—ironically, the same unit Kathy worked in when she began working at the hospital 30 years ago.

In 1986, Kathy earned a Bachelor of Science in nursing. During her 30 years with Beaumont, Trenton, she’s held only two positions: the first five years in the ICU and the remaining as a nurse supervisor.

Kathy has no intention of slowing down any time soon, either. In addition to working part time at the hospital, she also keeps busy working with middle school kids as a swim coach in Trenton.

Caitlyn says her mom is always the go-to person for family medical advice. “They ask me second, usually when she doesn’t answer her phone calls or texts. She has such a well-rounded background, from ICU to pediatrics, to working in a hospital and working in a school. I find I ask her advice about medicine and life—probably more than I’d like to admit,” she added.

Caitlin and Kathy share a mutual passion for nursing and helping people. Kathy says she was pleased that Caitlin wanted to be a dentist, but very excited that she decided to become a nurse. “I am very proud that Caitlin nurses from the heart. I

**See, Moms, continued on p. 3**
Four take top awards in Dearborn CPR challenge

Have you tried your hand at cardiopulmonary resuscitation lately?

It’s not as easy as it looks.

About 65 Beaumont Hospital, Dearborn employees had a chance to test their CPR skills last month during a challenge for on-site staff. Stepping up to the challenge were, among others: Kelly Smith, president of Beaumont, Dearborn; May Ellen Kochis, administrator of Nursing Operations; Matt LeGault, chief finance administrator; and Arthur Riba, M.D., cardiologist.

The CPR fair, held in the Kalman Auditorium and sponsored by the Code Blue Committee, drew approximately 120 employees.

Prizes were given for most accurate compressions and most improved compressions based on pre- and post-coaching sessions. Results were tabulated by computer.

Here’s what participants were aiming for: according to the 2015 American Heart Association Guidelines, compression rates should be 100-120 per minute, with the chest being compressed a depth of 2-2.4 inches.

Your opinion matters

Just a few minutes is needed for the Internal Communications survey

To continue to improve communications with Beaumont Health employees, the Communications department is conducting an internal communication survey.

Its purpose is to evaluate how well we communicate with you through vehicles such as the Beaumont Blend, Huddle, In the Loop and other forms of communication.

Your feedback will help us do a better job of delivering relevant, timely news and information about Beaumont. Complete the internal communication survey and let us know what you think. It takes less than five minutes to complete.

Moms

Continued from p. 2

love nursing, and it is so awesome to share that love with my daughter.” The mirrored experience of working in the ICU with critical patients lends to a mutual love of thinking outside the box and working with families on a one-to-one level. “I think it’s neat she ended up in the ICU and is eager to learn.”

Though Beaumont, Trenton has evolved over the last several years, the one thing that remains constant for Kathy and Caitlin is their nursing colleagues. “I value and identify with them. The nursing staff here is awesome, and we really count on each other,” said Kathy.

“I am so blessed to have found a career I truly love. It’s even more special to work alongside a fellow nurse when that nurse is your daughter.”
Letter: Patient shows gratitude with kind words, photo donation

Dear Ms. Bowman:

I would like to draw your attention to an outstanding nursing team at Royal Oak, Beaumont Hospital. I received a laminectomy of L-2, 3, 4, 5 with fusion of L-4 to L-5 from Dr. Jeffery Fischgrund on 11-23-15. During my subsequent recovery on the 9th Floor South I was treated by a nursing team lead by Ms. Cheryl Shelson, RN, with Renee Smith, NA, Corina Naumov (orienting trainee), and Matt (Oakland University Nursing Student). During several shifts I found Nurse Shelson to be most supportive, caring and encouraging; her concern for my well-being made an important contribution to my medical progress. Her work was delivered in an efficient and professional manner. While clearly very busy with a full caseload, she would seem to be able to slow down at my door to provide focused individual care.

Nurse Shelson’s leadership of her well-integrated team resulted in the delivery of prompt and seamless care from every member. Without exception each person took the time to assure my healing and comfort. Their level of skills and performance reflect well upon Beaumont’s executive leadership and the goals they have set for everyone. Compassionate skilled nursing care certainly results in improved medical outcomes.

I have found that while some are quick to complain, too few take a moment to recognize the good work of others. Just a quick “Thanks-well done” can be voiced to encourage and shape repeated positive behavior. I have included with this letter a signed, limited edition 16X20 photograph to express my gratitude to Beaumont Hospital and its medical staff. I hope that an appropriate location can be found for it where Nurse Shelson’s team and others will be reminded that patients are grateful for their hard work.

Sincerely,
Charles (Chuck) Green

Cheryl Shelson, RN, provided such excellent services to Charles Green, he was moved to donate a photo for the 9 South Royal Oak team to enjoy.

Save the date for the Walk for Miracles at the Detroit Zoo

Looking for a little family fun while supporting Beaumont Children’s? Register now for the Walk for Miracles on Saturday, June 4, at the Detroit Zoo.

Event check-in starts at 7 a.m., with the walk kicking off at 8:30 a.m.

Registration is $20 and includes all-day free admission to the zoo. Children ages 2-14 are $5 and under 2 years are free.

The Walk for Miracles is special because it’s the only walk where all the proceeds come back to Beaumont Children’s to support programs and services for our young patients.
Students participate in disaster drill at Beaumont, Royal Oak

On April 22, Beaumont, Royal Oak team members participated in a mock disaster drill.

Students from Royal Oak High School acted as victims, complete with realistic make-up.

The drill was supposed to have taken place in the Emergency Center, but due to an actual emergency alert in effect for a patient surge, the drill was moved to the Administration Building. That day the EC and the hospital experienced patient surges with more than 70 patients holding in the EC for beds at one point.

Beaumont Health congratulates our 2016 Nightingale Nurses

**Nightingale Winners**

*Emerging Leader*
Michelle Boiani  
(Beaumont Hospital, Royal Oak)

*Executive Administration*
Dawn Nieman  
(Beaumont Hospital, Dearborn)

*Staff Nurse Practice*
Lisa Muma  
(Beaumont Hospital, Royal Oak)

**Nightingale Runners-Up**

*Advanced Practice Nursing:* Kelley McMillan  
(Beaumont Hospital, Troy)

*Emerging Leader: Kimberly Little*  
(Beaumont Hospital, Grosse Pointe)

*Executive Administration: Kristine Donahue*  
(Beaumont Hospital, Taylor)

*People’s Choice Award:*
Yee Yee Wood  
(Beaumont Hospital, Royal Oak)

*Post-Acute Care and Specialty Nursing:*
Deborah Counts  
(Beaumont Hospital, Troy)

*Staff Nurse Practice:*
Danielle Dinkins  
(Beaumont Hospital, Troy) and Nancy Thomas  
(Beaumont Hospital, Dearborn)
With our new Beaumont Health values of Compassion, Respect, Integrity, Teamwork and Excellence, Beaumont employees are held to high standards for providing compassionate, extraordinary care for patients and families. These values are important in a health care environment, but they also apply to the military.

Because veterans make up a skilled and hard-working community in the region, Beaumont is creating the Military Veterans and Spouses Program.

A team within Human Resources has been working since last summer to create a program that improves the employment and retention of veterans and their spouses. Beaumont Hospital, Troy President Nancy Susick serves as a champion for the program. The MVSP is looking for additional champions to serve in various departments and different locations. By exploring different avenues to recruit veterans and their spouses, Beaumont is tapping into a valuable pool of candidates and giving back to those who served our country.

“As a community hospital, we always reach out to the community. It’s our duty,” Sheran Bly, Human Resources, said. She is one of the people working to build the MVSP, so veterans have a go-to person within the Beaumont family. “There’s definitely a need for jobs out there, especially with all of these veterans coming home.”

So far, the team has attended military and veteran-specific job fairs, participated in webinars, made connections with local organizations that have successful veterans programming, hosted an Inforum Next4Vets session, and created open office hours, among other endeavors. The office hours are every Tuesday, from 1-4:30 p.m., at the Financial Services Center in Southfield. Veterans are welcome to walk in during office hours for resume assistance, conversations on employment opportunities that may suit them and other support services.

Annie Gough, administrative fellow, and Sheran run the office hours, but they hope to have the sessions rotate throughout various Beaumont Health locations to better serve the Southeast Michigan veteran community.

“I think it’s the least we could do,” said Sheran. “They’ve given service to our country, and I think Beaumont’s a good match. They bring a unique skillset that’s sometimes difficult to find.”

She explained veterans offer a valuable perspective and work ethic to the team. Veterans are often organized, self-motivated, self-directed, work well as part of a team and know when they are needed to take a leadership role, or when it is better suited for them to take a step back and take direction.

Between enduring an often difficult transition from the military to the civilian workforce, along with longstanding stigmas that can follow a veteran into a job interview, the task of signing on to a new job can be a challenge. The MVSP’s goal is to change that stigma and make Beaumont a welcoming and supportive environment.

“It goes beyond jobs,” said Sheran. “Beaumont has the opportunity to offer stability, a continued sense of teamwork. It continues what they already started: service to their community. Ultimately, we offer them opportunities to grow and use some of the skills they learned in the military.”

In the future, the team hopes to also strengthen the MVSP by creating an affinity group, designating champions as valuable resources for both veterans and recruiters, to develop transitional training programs for certain job positions, and to educate all recruiters on best practices when it comes to seeking out and communicating with veterans. There was also a lunch discussion where Beaumont-employed veterans were invited to share their experiences and offer input on how the program should be further developed.

In just a short time, the MVSP has achieved positive results. While it is difficult to pinpoint an exact number, there has been a significant increase in hiring veterans to the health system since last summer. The goal is for Beaumont Health to continue increasing the rate of veterans hired as well as constantly listen to and respond to the needs of the veterans currently employed.

Beaumont is dedicated to providing compassionate, quality care to Southeast Michigan, and by supporting the employment of military veterans and spouses, we are serving our communities with an even stronger team. Thank you to all veterans who have chosen Beaumont as their home after the military, and thank you for your service.

For any additional information, please contact Annie Gough at Anna.Gough@beaumont.org
Kids at Work Day 2016: Fun for all and all for fun

The Beaumont hospitals in Grosse Pointe, Royal Oak and Troy celebrated Kids at Work Day on Thursday, April 28. Children ages 9 and older were welcome to sign up for events at the hospitals where their parents work.

Children experienced surgery, Nutrition Services, Security dog demonstrations – they even got to walk through a giant colon.
What is the happiest musical instrument in the world? If you took a vote among Oakwood Common residents in Dearborn, the banjo would likely win. Every spring, residents and guests are treated to a banjo concert by members of the North American International Banjo Convention.

For the past several years, Ernie May, a third generation banjo player, has organized and led a group of fellow musicians to perform a variety of 1920s and 1930s jazz and Dixieland favorites, including “Alabama Jubilee,” “Carolina in the Morning,” “Sweet Georgia Brown,” “Five Foot Two, Eyes of Blue,” and many more.

“A lot of the same people come back year after year to hear us play – it’s like family,” said Ernie. “Of course, they notice that we’re getting older.”

This year’s performance was the first for Mary Ann Bassett, a new Oakwood Common resident, who was invited to introduce the group by Shavon Baker, activities supervisor. “I was nervous, because I hadn’t heard them before so I did a little research on the Internet,” said Mary Ann. During her introduction the musicians quickly put her at ease and told her they were “nervous,” too.

As soon as the music started, no one would guess that anyone was nervous. The entertaining performance included 10 banjo players, two guitarists, a cellist, percussionist and dulcimer player. When musicians and audience members knew the lyrics to song favorites like “Bill Bailey,” a sing-a-long accompanied the toe tapping and hand clapping.

Stella Rozycki was one of several Oakwood Common residents who shared her appreciation following the event. She said, “I’ve lived here seven years, and they’ve come every year. I really look forward to it.”

According to Ernie, this year was NAIBC’s 27th annual convention, which is held annually at the Doubletree Hotel in Detroit-Dearborn. The four-day gathering draws more than 300 musicians and spouses from throughout Michigan, North America and England. Some of the local banjo clubs that participate include the Windsor Banjo Club, Flint Banjo Club and Banjos of Michigan.

Ernie, a retiree, who still works part-time in the Oakland County Sheriff’s office, enjoys having more time to play banjo – solo and with the North Oakland Dixieland Band and other groups.

“It’s like a family when we can all come together once a year for our convention,” added Ernie. “And, we’re happy to know our music puts smiles on the faces of the folks at Oakwood Commons.”
Annabelle Clarin, a staff infusion nurse in the Cancer Clinic and Treatment Center at Beaumont Hospital, Wayne, stands out because she has won nine Everyday Hero awards in her 30 years with the health system. And she didn’t even want to be a nurse.

“When I was young, I wanted to be an engineer,” she said. “I was always fascinated by engineers, but then I was not that good with math and there’s a lot of math in engineering. There’s math in nursing, too, but not so much and I got good at it.”

Annabelle has been a nurse since 1978, when she was living in the Philippines. She came here in May 1985, and by August of that year, had a job with what was then Oakwood Health and Medical Center in Dearborn. She transferred to the infusion section at Beaumont, Wayne in 2007.

As for her awards, Annabelle says there have been so many that she doesn’t remember the circumstances behind all of them over her three-decade span. “I’m not the only one who got them. The other nurses got them, also,” she added.

If one award stands out for her, it was the first one because she didn’t expect it. She was dealing with a patient who she said “wasn’t as nice as the others,” but then one day he told Annabelle that he’d written something nice about her. “I didn’t know he appreciated what I had done for him.” Shortly thereafter, she received her first Everyday Hero award.

In addition to her Everyday Hero awards, Annabelle was part of the 2014 group that won the Connolly Cup, named after Brian Connolly, former president of Oakwood Healthcare; and two Take a Bow Bravo awards.

“I have a lot of award pins that I used to wear on my badge,” Annabelle said. “I really, really like what I do here.”